



## Smartphone Friendly

Use [the Portal] on mobile devices by downloading the MHealth app from the Apple App Store or Google Play Store.



## Essential Information and Tools

[The Portal] lets you manage your health information and care easily and securely. It includes:

### HEALTH INFORMATION

- Lab and exam results
- Allergies and conditions
- Immunizations
- Medications, including renewals
- Visit history
- Discharge instructions
- Health summary.

### APPOINTMENTS

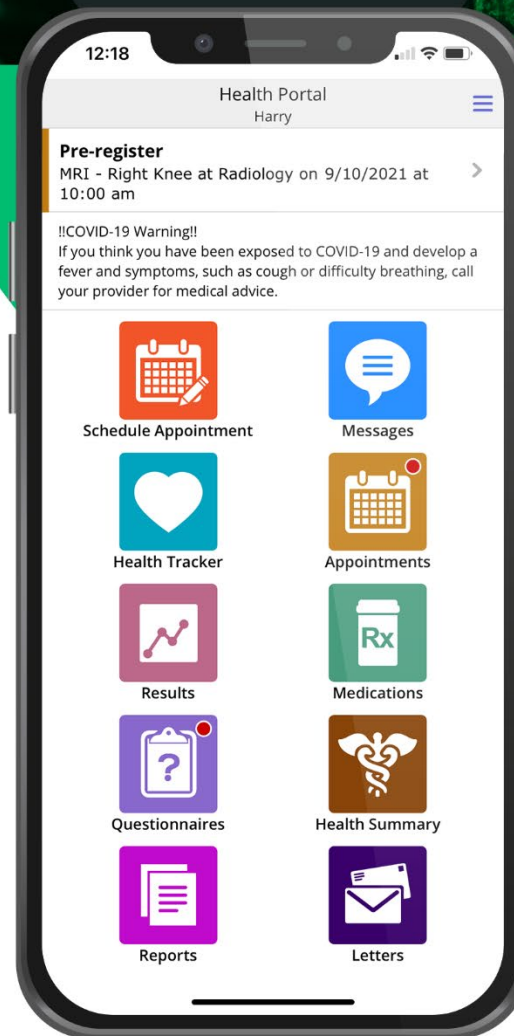
- Appointment requests
- Visit information, such as instructions and directions.

### COMMUNICATION

- Provider messaging
- Virtual visits
- Check-in, including the ability to fill out forms.

### BILLING

- Online bill pay
- Outstanding balances.



## Additional Benefits

Beyond a variety of health management features, [the Portal] provides:

### SHARED ACCESS

You can grant access to your [Portal] to trusted individuals, such as family members, and can specify which types of information they can see.

### SECURITY

[The Portal] is encrypted, rewrites URLs, and times out after inactivity, making it safe to use on personal or public devices.

### INTEGRATION

All of the information in [the Portal] comes from your [Healthcare Organization] Electronic Health Record to ensure you have accurate, up-to-date information.

### SUPPORT

Each Portal page includes Contact Us and Learn More sections to get help with your technical questions.





**GILA REGIONAL**  
*Medical Center*

**Contact Information**

575-538-4108  
Portal@GRMC.ORG  
1313 East 32<sup>nd</sup> Street  
Silver City, NM 88061

## Simple Enrollment

**Had a recent visit?** If so, check your email for your [Portal] invitation! Otherwise, to begin using the Portal:

- 1** Visit our website  
<https://www.grmc.org>
- 2** Click on  
<https://mymedicalrecords.grmc.org>
- 3** **Complete** enrollment questionnaire by providing name, DOB, email, etc.
- 4** **Access** your email and click [the Portal] link
- 5** **Select** a new username and password
- 6** **Visit** the Apple or Google Play stores and download the MHealth app
- 7** **Explore** [the Portal]!

## GRMC Patient Portal

Gila Regional Medical Center

**MANAGE**  
Your Health Information

**COMMUNICATE**  
with Your Providers

**TAKE**  
an Active Role  
in Your Care

**MEDITECH**